

White Owl Birthing presents

## DONA International BIRTH & POST NATAL Doula Training Workshops



It is an exciting time to become a DONA International doula, a member of the premier doula association in the world. Women across the globe appreciate and value the experience of having a doula – a knowledgeable, experienced companion, who stays with them through labour, birth and beyond.

White Owl Birthing presents accredited DONA International Birth and Post Natal Doula certification workshops around Australia, offering evidence based training from the United States of America.

### Begin the rewarding journey toward working with birthing families!

You will learn the doula's role in providing emotional and physical comfort measures for the birthing family. Our experienced DONA certified trainers will share their extensive knowledge and experience in the continuum of pregnancy, childbirth, and postpartum, while participants will learn in a variety of ways including practical hands-on techniques for support.

[Birth doulas](#) offer emotional support, encouragement and wisdom throughout labor and birth.

[Post Natal doulas](#) support women and families through the transformation that a new baby brings to a family.

### About the trainer

November and December 2010 workshops are taught by **Susan Martensen** who is a birth and postpartum doula since 1990. Susan is a DONA Postpartum program mentor and trainer, a DONA birth doula trainer and is a DONA past President. Susan has participated in training postpartum and birth doulas since 1995.

### Investment in your career training

**Birth Doula** Training Workshop \$995.00 (3.5 days)

**Post Natal Doula** Training Workshop \$995.00 (3.5 days)

**Combined Birth and Post Natal Doula** Training Workshop \$1950.00 (6.5 days)

*All prices include GST, all course materials, morning and afternoon tea.*

*Visa & Master cards accepted and you have the option to utilise our **payment plan** with Pay Smart facilities.*

Are you already a doula? Advance your skill level and a professional recognition & CEU points for health professionals with DONA International.

Please see our current workshops listed on our website [www.whiteowlwellness.com.au](http://www.whiteowlwellness.com.au)

**You won't be disappointed! Call today**

For all course enquiries and participant enrolment packs contact Sharron or Jana

**White Owl Wellness**

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